

# Your NB Public Service Pension Plan

Did You Know?



## NBPSP Website - [NBPSP.ca](https://nbpssp.ca)

Your pension plan's website includes helpful videos, application forms, Board of Trustees biographies, financial results, and more, including:

### NBPSP At-A-Glance

A simplified document to help walk you through the basics of the NBPSP. Wondering how much you contribute to the Plan? Curious as to how your pension benefit is calculated? Wondering how transitions in your life can affect your pension? The At-A-Glance covers all of this information and more. You can find the most recent version at [nbpssp.ca](https://nbpssp.ca) under "Booklets".

### Helpful Booklets

- Pension Plan Member Booklet
- Purchase of Service Information Sheet
- Naming a Beneficiary Fact Sheet
- Pre-Retirement Death Benefits Rules Fact Sheet

### Cost of Living Adjustment

A summary and video of how COLA increases are determined and how the most recent COLA was calculated (found under "Cost of Living Adjustments").

## Newsletters

Provided semi-annually, the newsletters contain helpful articles, investment reports, amendments to your plan, tips for retirees, and more. Previous issues are available on the website, under "Communications".

## Life Events - [vestcor.org/lifeevents](https://vestcor.org/lifeevents)

Easily find information, videos and checklists relating to your pension during transitional periods in your life – including if you're new to the plan, returning from a leave of absence, ending a spousal relationship, leaving your employment, preparing to retire, and newly retired.

## Money Matters - [nbpssp.ca/moneymatters](https://nbpssp.ca/moneymatters)

We understand how important it is for members to be knowledgeable about not only their pension but overall financial health. In conjunction with Vestcor, we've collected a series of resources to provide employees with better financial support.

## Employee Statement and Pension Estimate Calculator

Every year, any members who contributed to the NBPSP during the prior year will receive an Employee Statement of Pension Benefits. The Statement summarizes your pension amounts as of December 31 of the previous year. A guide to Understanding your Employee Statement of Pension Benefits is available at [nbpssp.ca](https://nbpssp.ca) under "Booklets".

Using your most recent Employee Statement of Pension Benefits, you can quickly generate an estimate of your future monthly pension payment based on retirements dates of your choosing, the calculator is available at [vestcor.org/calculators](https://vestcor.org/calculators). Need help using the calculator tool? An easy-to-follow video tutorial is also available.

## Questions about your pension plan?

Contact the Member Services team  
Monday to Friday, 8:15 am – 4:30 pm (AST).

**Phone** - 1-800-561-4012, (506) 453-2296

**Email** - [info@vestcor.org](mailto:info@vestcor.org)

**In Person** - 140 Carleton Street, Suite 400  
Fredericton, NB