

Cost of Living Adjustment - January 1, 2026

New Brunswick Public Service Pension Plan



With the open group funded ratio at 136.5% as at January 1, 2025, the NBPSPP was in a position to award a cost of living adjustment (COLA) of 2.01% to all Plan members.

Determining annual cost of living adjustments under the New Brunswick Public Service Pension Plan (NBPSPP)

- Each year, the NBPSPP Board of Trustees determines if the funding level within the NBPSPP allows for an annual cost of living adjustment.
- The decision is based on a financial report prepared by the Pension Plan's actuary and the Pension Plan's Funding Policy.
- One of three outcomes can occur as a result of the financial report:
 - There is a large enough surplus to provide a full cost of living adjustment.
 - There is only enough surplus to pay a portion of the cost of living adjustment.
 - There is not enough of an available surplus, or there is a deficit, and no cost of living adjustment will be provided.

Important information to understand

- According to the NBPSPP Funding Policy, if in a given year, the full cost of living adjustment is not provided, the remainder may be provided in subsequent years if the Pension Plan has a large enough surplus.
- Inflation is based on the average change in the Consumer Price Index (CPI) over the 12 months prior to the previous June 30 (i.e., July 1, 2024 to June 30, 2025).
- Although cost of living adjustments are not automatic, the Plan is designed in such a way that the likelihood of providing annual cost of living adjustments is very high.

The Calculation: Cost of living adjustment for January 1, 2026

The January 1, 2026 cost of living adjustment (COLA) was calculated by comparing the average Consumer Price Index (CPI)* for the period of July 2024 to June 2025 with the average CPI for the period of July 2023 to June 2024, as follows:



A short video explaining how COLA is calculated is also available. Scan the QR code on the left to watch it!

Month Year	July 2024	Aug 2024	Sept 2024	Oct 2024	Nov 2024	Dec 2024	Jan 2025	Feb 2025	Mar 2025	Apr 2025	May 2025	June 2025	Avg.
CPI	162.1	161.8	161.1	161.8	161.8	161.2	161.3	163.0	163.5	163.4	164.3	164.4	162.48

Month Year	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024	June 2024	Avg.
CPI	158.1	158.7	158.5	158.6	158.8	158.3	158.3	158.8	159.8	160.6	161.5	161.4	159.28

Here's how the increase is calculated: $(162.48 - 159.28) / 159.28 = 2.01\%$

The methodology used for calculating the average change in the national Consumer Price Index is consistent with how other pension plans, including the Canada Pension Plan, calculate cost of living adjustments.

*CPI figures are drawn from the Bank of Canada. They can be found at www.bankofcanada.ca/rates/price-indexes/cpi.